

Supplemental Table 1: Time of start of each mantra session of the Yagya ritual used in the study. M1 to M28 are code given in Table 1. P denotes participant.

	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	P11	P12
M1	0	0	61.5	57	255	649.5	99	471	1033.5	327	892.5	198
M2	10.5	94.5	172.5	180	363	820.5	211.5	598.5	1173	471	1098	294
M3	33	163.5	250.5	261	418.5	900	258	649.5	1224	516	1158	334.5
M4	73.5	219	313.5	322.5	456	939	292.5	684	1261.5	553.5	1191	367.5
M5	142.5	270	370.5	367.5	510	987	333	720	1306.5	594	1227	400.5
M6	384	495	642	597	742.5	1189.5	466.5	853.5	1468.5	741	1375.5	522
M7	433.5	547.5	682.5	NOTE DONE	786	1233	496.5	882	1500	775.5	1401	544.5
M8	474	588	750	NOTE DONE	846	1276.5	522	912	1534.5	804	1425	565.5
M9	519	636	805.5	627	900	1309.5	547.5	936	1564.5	834	1450.5	588
M10	663	774	964.5	760.5	1035	1435.5	669	1054.5	1702.5	960	1572	691.5
M11	810	996	1165.5	955.5	1254	1735.5	844.5	1248	1905	1146	1746	844.5
M12	915	1099.5	1264.5	1042.5	1357.5	1816.5	921	1413	2049	1227	1834.5	916.5
M13	975	1152	1311	1090.5	1396.5	1855.5	976.5	1449	2094	1267.5	1869	951
M14	1146	1350	1458	1233	1543.5	2025	1098	1639.5	2232	1384.5	1980	1060.5
M15	1222.5	1465.5	1545	1305	1606.5	2091	1147.5	1705.5	2299.5	1443	2049	1111.5
M16	1344	1554	1650	1410	1710	2173.5	1221	1782	2374.5	1614	2122.5	1171.5
M17	1785	1926	2028	1834.5	2196	2553	1560	2092.5	2745	1971	2434.5	1419
M18	1882.5	2017.5	2133	1927.5	2305.5	2641.5	1641	2172	2905.5	2122.5	2535	1494
M19	1992	2124	2238	2008.5	2368.5	2710.5	1702.5	2230.5	2970	2185.5	2601	1542
M20	2074.5	2197.5	2332.5	2074.5	2455.5	2779.5	1773	2293.5	3049.5	2245.5	2667	1593
M21	2122.5	2251.5	2383.5	2116.5	2518.5	2832	1806	2344.5	3096	2281.5	2704.5	1623
M22	2220	2359.5	2491.5	2215.5	2635.5	2928	1884	2431.5	3186	2365.5	2787	1689
M23	2320.5	2494.5	2598	2302.5	2718	3018	1965	2505	3280.5	2457	2856	1743
M24	2362.5	2539.5	2637	2343	2763	3060	1996.5	2548.5	3321	2496	2896.5	1776
M25	2502	2677.5	2778	2481	2913	3174	2104.5	2664	3444	2601	3012	1861.5
M26	2550	2724	2842.5	2529	2961	3220.5	2145	2709	3490.5	2647.5	3060	1899
M27	2637	2811	2937	2611.5	3057	3301.5	2218.5	2790	3571.5	2727	3142.5	1962
M28	2727	2901	3027	2704.5	3136.5	3378	2271	2863.5	3631.5	2791.5	3201	2014.5
M29	2805	2994	3100.5	2773.5	3207	3441	2334	2932.5	3697.5	2856	3273	2065.5