

**There is nothing like the pleasure of good health!**

And therefore, the urgency to get it back in shape once off-track through any mechanism. But the mechanism also matters as it should not only treat us, but sure us and make us come back stronger in a holistic manner. Any complicated medical condition can be treated now a days but this would most certainly involve injecting chemicals and incisions to some degree. Be it a pill that you popped or an injection that you took, there are side effects and most probably you are just being treated, not cured.



In today's modern age, many types of treatment methods are available in which a range of sophisticated technologies are being harnessed – robotics, advanced medical equipment, state of the art imaging technologies, non-invasive methods of treatment etc. Any complicated medical condition can be treated now a days. But this would most certainly involve injecting chemicals and incisions to some degree. Needless to say that any of these methods have innumerable side effects. It is not an exaggeration to say that if the disease does not kill you, side effects will most certainly do the job!

In the next few pages, let us look at the modes of treatments that are available to us, how they work and is there a better way to administer medicine?

*There are 3 main modes of treatment*

1. **Tablets:** The medicine is first digested, then mixes with the blood, puts up a fight with the white blood cells and finally reaches the affected organ. So, this is a long process. Also, the digestion allows only a certain type of elements that are compatible to the body to be assimilated in blood. The rest is considered unwanted and is expelled through stool, urine, sweat or phlegm. This is an indeed a complicated way to administer medication.
2. **Injection:** In this method, the medicine is injected directly into the bloodstream. This medicine also has to fight it out with the body's white blood cells before reaching the intended organ
3. **Inhalation Medication:** This is a method where the medicine is given through inhalation like oxygen, chloroform etc

Irrespective of how the drugs are administered, they lack the sukshmata required to kill the toxic organisms. Medicines given as antibiotics have the ability to only kill and do not contain any ability to nourish. On the other hand, a syrup that is nourishing cannot kill disease causing microorganisms. If we mix both these medications, they will nullify each other and do not benefit the body in any way.

Medical practitioners understand very well that the cells in the body cannot be nourished by just blood. The nourishment that come through inhalation plays a key role in the health of the body and in no way less important than the food we eat. Like blood, prana also flows in the whole body and does the dual function of supplying nourishment and expelling unwanted elements.



**Yagya therapy** is hence a simple, effective and holistic treatment method to introduce elements that destroy disease-causing microorganisms and also those that nourish the body. Substances are fumigated in the fire of the Yagya and the vapours of the medicinal elements easily penetrate

the body and destroy the disease. Since the medicine directly reaches the affected part, there is no involvement of digestion process or immunity system (WBC) in this method of treatment.

Since the fumes and vaporized medicine contains both antibiotic and health-nourishing properties, Yagya therapy can be used not just for treating a disease condition but also for enhancing strength and vitality by aiding the growth of good bacteria and protecting the white blood cells. The vapour atoms generated by fumigating medicinal substances has a certain magnetic field owing to which it can attract desired elements from the atmosphere.

Nature controls both creative and destructive processes. Similarly, when disease causing bacteria attack healthy cells, nature creates an ambience to fight the disease. The Yagya fumes attract these elements from nature and move forward and do an air strike on the disease causing organisms. The immune system of the body with its WBC attacks the disease organisms with a ground strike. This multi-dimensional fight is very effective in fighting disease and restoring health. Yagya fumes are beneficial not only to sick people but also to healthy individuals to enhance their vitality and boost their immunity.

We have to accept the efficacy of subtle processes. In spite of the most advanced machines, none can extract honey from flowers better than the bees. When medicinal substances are fumigated, the volatile substances get diffused in the surrounding atmosphere attracting and absorbing benevolent energies for nourishing the body. Nature has created an environment for bringing the body to its natural state of health and those aspects are made use by the Yagya fumes.

Indian scriptures give a detailed account about the science and technology of Yagya. There is a list of substances that have therapeutic value in curing different kinds of diseases. Brahmavarchas Research Institute, Haridwar is performing many scientific studies and experiments to prove the efficacy of Yagya therapy. Many research papers and doctoral studies are being conducted under the aegis of this institute. It is not far when this treatment method will gain wide acceptance and everyone can reap the benefits of holistic healing and health management.

[Back to Newsletter](#)